

District Interns:

- In my Media District Office, many College and High School students serve as interns. Interns' duties

Washington, D.C. Interns:

- Duties for interns in my Washington office will include, but are not limited to the following: archiving

What makes a good applicant:

- A strong applicant for either will have solid written Congressional District skills, a high propensity

How to Apply :

- To apply, please print and [complete the application](#) and mail it to the office where you are applying:
- **District Applicants:**

Office of Congressman Joe Sestak
600 N. Jackson Street, Suite 203
Media, PA 19063

- **Washington Applicants:**

Office of Congressman Joe Sestak
1022 Longworth House Office Building
Washington, DC 20515